



Alcohol and Other Drugs (AOD) Intern Youth Leadership

ORGANIZATION: Daly City Youth Health Center

REPORTS TO: AOD Manager

SCHEDULE: August 2024-June 2025, 10 hrs a week

INTRODUCTION:

The Daly City Youth Health Center believes in the potential of all young people, and with a little help and guidance, they can make smart decisions that set them on track for a healthy and productive life. Young people today are dealing with impacts of the COVID-19 pandemic. In response to the pandemic, this new way of life has exacerbated issues young people had already been dealing with, including pregnancy, sexually transmitted infections, substance abuse, stress, bullying and suicide. These challenges are greater in northern San Mateo County where at least a third of our young people live in poverty and many are immigrants facing language and cultural barriers. Many don't know where to get the help and support they need.

For 32 years Daly City Youth Health Center has prepared our communities' teens and young adults for a healthy and productive adulthood. The Health Center is a school-linked program of the Jefferson Union High School District in collaboration with a medical clinic operated by the San Mateo Medical Center. The Health Center provides free, confidential and culturally sensitive primary medical care, mental health counseling, and health education to adolescents aged 6-26 years of age.

DESCRIPTION OF POSITION:

Under the direction of the AOD Manager, the Intern will coordinate youth leadership programs in Jefferson Union High School District. Be the Change Youth Coalition (BTC) is the youth leadership component of the Pacifica Prevention Partnership, a special program of Daly City Youth Health Center and Jefferson Union High School District. BTC has been implementing youth-led environmental prevention strategies since its inception in 2006. Environmental prevention focuses on reducing youth access to alcohol, cannabis, nicotine and rx drugs, media messaging, research and policy advocacy.

BTC students participate in cumulative learning over the course of their high school experience. The projects that they work on include youth-led research and policy advocacy, media messaging and podcasts, and workshops focusing on mental wellness. They highlight their work for the community in their annual youth summit. Interns will have the opportunity to co-facilitate these projects, assist in data evaluation, support the youth when they speak to elected officials and guide them to successful completion of their projects.

Interns will be placed on school campuses to meet in person with students. Interns will spend up to 8 hours a week in direct service and 2 hours a week for documentation and supervision.. A car will be needed to carry out the duties of the internship. This is a supportive program so empathy and kindness are required. The program will provide opportunities for interns to work directly with students and school staff. This is an in person position. At least 2 interns are needed for this opportunity.

RESPONSIBILITIES:

- Participate in program planning sessions
- Communicate and collaborate with current interns and campus staff
- Facilitate weekly team building activities with the youth.
- Participate in community outreach events,
- Assist youth in the planning and implementation of the youth summit.
- Co-facilitate weekly BTC meetings with staff and interns
- Maintain, respect, and uphold confidentiality
- Serve as a liaison between the schools, Youth Health Center, other project staff and collaborative agencies.
- Adhere to guidelines and organizational policies and procedures.
- Attend team meetings and other program meetings on a weekly or monthly basis.
- Be engaged
- Hold personal responsibility for timelines and assigned work
- Work independently to research, communicate, and collaborate as needed during the internship.

REQUIRED QUALIFICATIONS:

- Empathy and kindness required
- Must have a car and valid drivers license
- BIPOC students are highly encouraged to apply
- Spanish and/or Tagalog bilingual students are highly encouraged to apply
- Strong written and verbal communication skills
- Well organized and efficient
- Ability to adapt to changes during the course of this project
- Flexible schedule and team oriented
- Strong collaborative skills including the ability to work well with people in a variety of work settings
- Exercise good judgment under pressure
- Strong interest in working with at-risk youth from diverse backgrounds.
- Ability to receive and apply feedback
- Have a fun and creative mindset

Stipend offered

TO APPLY:

Send resume and cover letter to Mary Bier, Director of Alcohol and Other Drug Services, mbier@jeffersonunion.net